

HOW CAN YOU HELP ME BUILD MY BRAIN TODAY?

How can you help me build my brain today?

How can you help it grow?

I need your loving attention

Cuddles and kisses

Talk to me in every language you know

Sing, in or out of tune to me

And tell me about the world around

Give me loving looks

Read me simple books

My brain will love the sound

When you are calm, I'm calm

When you take care of yourself, you take care of me

Ask for help when you need it

Cause if you're stressed, I'll feel it

Speak about me and to me kindly



I try to tell you how I feel

With my face, cries, and coos

When you respond to my needs

Whether a cuddle, or a feed

I know I am safe with you

Hold me gently in quiet times

Laugh together in fun times too

All these things help

in building my brain

And my bond with you